



United Strongman Series
2005
Moscow, Russia



Press Release

The 3rd competition of the United Strongman Series 2005 took place on the 25th June 2005 in the capital of Russia – Moscow.

12 athletes from 9 different countries around the world joined the high-calibre competition to prove their strength, to face the demanding challenge of some brand new disciplines and to win the United Strongman Series Moscow 2005.

The mix of disciplines demanded huge efforts from the athletes. The competition started with "Wheel Flip". It was a close battle but Igor Pedan (RUS) won this discipline with only a few seconds in advance of Sergei Flerko (RUS) and Franz Muellner (AUT). The Wheel Flip was followed by "Log Lift" where Oleksandr Pekanov (URK) proved his strength and lifted the log 10 times. Pekanov won this discipline without problems. Next was the Medley which consisted of a Car Flip and the "Hammer" – a gigantic hammer had to be flipped over. Here the taller athletes had an advantage and so Igor Pedan won just a few seconds before David Ostlund (USA). After this there was "High Throwing" – a spectacular discipline where a weight of 24kg had to be thrown for maximal height. The starting height was 3,8 meters and it was lifted in steps of 30cm until a winner was found Oleksandr Pekanov showed that he has not only the strength but also the technique to win this competition. His final height was 4,70m. Then the athletes had to pull a bus for 20 meters. In this discipline Sergei Flerko, who won the "Truck Pull", and Milan Jovanovic (SCG) were only divided by 0.09 seconds. Both had a time under 20 seconds. The final competition was the "Power Stairs. Weights up to 275 kg had to be lifted 5 stairs. At the final discipline all athletes once more gave everything but in the end only Michael Starov could lift all the weights up the stairs.

All competitors performed at the highest level but in the end Igor Pedan (RUS) – the local hero and favourite of the spectators - won the competition with 62,5 points. He was followed by Michael Starov and Oleksandr Pekanov – both from Ukraine. On the following places there were Sergei Flerko and Michail Sidorcev from Russia, which proved that the local competitors did perform extremely well. Milan Jovaonovic (SCG) finished on the 6th place followed by David Ostlund (USA) and Lubomir Libacki (POL), who did all get points for the United Strongman Series ranking.

As the venue for the United Strongman Series Moscow 2005 the famous Gorky Park was chosen. Gorky Park, situated just across the Moskva River from Park Kultury Metro Station, is famed abroad for the American writer Martin Cruz Smith's novel and later film of the same name. The park was opened in 1928 as the first Park of Culture and Rest in the Soviet Union. It was created by amalgamating the extensive gardens of the old Golitsyn Hospital and the Nezkuchny Palace and covers an area of some 300 acres of land. Today the park is filled with children's play areas, fun fairs, an original Buran spacecraft now open as a "Cosmic Experience for Kids", various rides and an enormous Ferris wheel next to the river, offering some spectacular views of the city for the more daring amongst you! During the winter many of the footpaths are flooded and freeze over to allow children ice skate around the park, and in February visitors can enjoy Moscow's annual Festival of Ice Sculpture. In the summer months hydrofoils and various other small boats depart from the jetty next to the park and take visitors on cruises right through the center of the city and to most of her famous sights.

RESULTS

Rank	Name	Nation	Wheel Flip	Log Lift	Medley	High Throwing	Truck Pull	Power Stairs	Total
1	Igor Pedan	RUS	12	11	12	9,5	7	11	62,5
2	Michael Starov	UKR	7	10	9	9,5	4	12	51,5
3	Oleksandr Pekanov	UKR	3	12	10	12	8	4	49
4	Sergei Flerko	RUS	11	8	2	4	12	9	46
5	Michail Sidoricev	RUS	6	8	8	9,5	6	7	44,5
6	Milan Jovanovic	SCG	1	3,5	7	9,5	11	5	37
7	David Ostlund	USA	2	2	11	7	2	10	34
8	Lubomir Libacki	POL	9	3,5	6	4	5	6	33,5
9	Stoyan Todorcev	BUL	8	5,5	4	4	1	8	30,5
10	Franz Muellner	AUT	10	1	3	4	10	2	30
11	Boris Milosevic	SLO	4	8	5	4	3	3	27
12	Raymon Merckx	NL	5	5,5	1	1	9	1	22,5

DISCIPLINES

Six disciplines were on the schedule for the United Strongman Series Moscow 2005:

- **Wheel Flip**
Weight: 400 kg
- **Log for repetitions**
Weight: 130 kg
- **Medley** - Car Flip and Hammer
- **High throwing**
Weight: 24 kg; start height: 3,80m
- **Truck pull** – bus
Weight: 15t; Distance 20m
- **Power stairs**
5 stairs with 40 cm; Weight: 175 kg. 225 kg. 275 kg.

2005 EVENT CALENDAR

10 th April 2005	Kiev, Ukraine
07 th May 2005	Nis, Serbia and Montenegro
25 th June 2005	Moscow, Russia
28 th August 2005	Spielberg, Austria
03 rd September 2005	Maribor, Slovenia
10 th September 2005	Edmonton, Canada
29 th October 2005	Shanghai, China
26 th November 2005	Bangkok, Thailand

For further information and updates please visit <http://www.unitedstrongman.org>

TELEVISION INFORMATION

In February 2005 the United Strongman Federation announced their 2005 television partners Sports TV Production International (TV-Production, <http://www.stvpi.com>) and Sports TV Media Distribution (TV-Distribution, <http://www.stvmd.com>). The professional ob-van production product has been sold to international television partners worldwide. Please visit <http://www.unitedstrongman.org> for a full list of worldwide tv coverage.

Available programmes: TV rights, PPV/VOD, UMTS/3G/mobile, DVD/Home Video, internet rights

Available formats: - 26min international highlight show (22min edit on request)
- rough cut / unilaterals / international satellite news

Sports TV Media Distribution / International Coordination Centre

www.stvmd.com
stvmd@stvmd.com

ATHLETES PROFILES

For profiles, fotos and background information of the strong men please click on:

<http://www.unitedstrongmanseries.org/index.php?c=athletes>

Name:	Igor PEDAN
Nation:	RUS
Age:	26
Weight:	135 kg
Height:	182 cm
Profession:	Athlete
Hobbies:	Computer, Animals
City of Residence :	Moscow
Children:	No
Results:	Absolute Champion of Russia (2004)

Name:	Milan JOVANOVIC
Nation:	SERBIA + MONTENEGRO
Age:	34
Weight:	140 kg
Height:	192 cm
Profession:	Master Degree in Computer Science
Hobbies:	Power Lifting (WPC World Champion 2003)
City of Residence :	Nish
Children:	2 Boys (5 years and 2 months)
Results:	Biceps: 52cm Chest size: 138cm Max bench press: 200kg Max squat: 350kg Max dead lift: 340kg

Name:	Raymon Merckx
Nation:	NL
Age:	33
Weight:	145kg
Height:	192cm
Profession:	
Hobbies:	
City of Residence :	Nuth
Results:	1st Strongest Man Den Haag (1997) 1st Strongest Man Limburg (1997) 1st Strongest Man Heerlen (1998) 1st Strongest Man Limburg (1998) 1st Strongest Man Mijnstreek (1999) 1st Real Dutch Strongest Man competition (1999) 1st Strongest Man Kampen (1999) 1st Strongest Man Limburg (1999) 1st Strongest Man Limburg (2000) 1st Strongest Man Bernisse (2000) 1st Strongest Man Heerlen (2000) 1st Strongest Man Limburg (2001) 1st Strongest Man Alblasserwaard (2002) 1st Strongest Man Hoogvliet (2002) 1st Strongest Man Mijnstreek (2002) 1st Strongest Man Limburg (2002) 1st Strongest Man Halderbergen (2003) 1st Strongest Man West-Nederland (2003) 1st Strongest Man D&J's Workout (2003) 1st Strongest Man Limburg (2004) 1st Strongest Man West-Nederland (2004) 1st Strongest Man Zuid-Holland (2005)

Name:	Mihail Sidorichev
Nation:	Russia
Age:	26
Weight:	138kg
Height:	189cm
Profession:	Athlet of Professional League of Strongest Extreme (PLSE)
Hobbies:	
City of Residence :	Ivanovo
Children:	has a son, who was born in 2000.
Results	The multiple prize-winner of the Russia Strongman Cup laps

Name:	David Ostlund
Nation:	USA
Age:	23
Weight:	300lbs
Height:	6'7"
Profession:	Real Estate Appraiser
Hobbies:	Movies, Reading, Biking, Cabin, Hanging out with Friends, Lifting
City of Residence :	Minneapolis, MN
Children:	None
Results:	Big Tony's – 4 th place (2004) Morden Mighty Man – 1 st place (2004) Snowman Challenge – 2 nd place (2005) Met-Rx Pro Strongman – 6 th place (2005)

Name:	Boris MILOSEVIC
Nation:	SLO
Age:	34
Weight:	137 kg
Height:	187 cm
Profession:	Engineer (mathematics)
Hobbies:	Mountainbiking, Swimming, Climbing
City of Residence :	Maribour
Children:	1 Boy (4 years)
Results:	Powerlifting Champion in SLO 2002, 2003

Name:	Stoyan TODORCEV
Nation:	BUL
Age:	20
Weight:	160kg
Height:	197cm
Profession:	Strongman
Hobbies:	Sport, strongman
City of Residence :	Perustica
Children:	Non
Results:	Champion of Bulgaria in 2004

Name:	Michael STAROV
Nation:	UKR
Age:	30
Weight:	120 kg
Height:	180 cm
Profession:	Coach
Hobbies:	Books, Music
City of Residence :	Kharkov
Children:	1 Girl (3 years)
Results:	World Junior Champion in Powerlifting Second Strongest Man of Ukraine (2000 – 2004) World Team Champion (2003 – 2004)

Name:	Oleksandr Pekanov
Nation:	Ukraine
Age:	26
Weight:	170kg
Height:	190cm
Profession:	Customs officer
Hobbies:	Cooking
City of Residence :	Chernigov
Children:	- not married
Results:	

Name:	Müllner Franz
Nation:	AUT
Age:	35 (15. Jänner 1970)
Weight:	145 kg
Height:	190 cm
Profession:	Sportprofi als "Strongman" seit 2003
Hobbies:	Radfahren, mit der Familie spazieren gehen
City of Residence :	Salzburg
Children:	1 child
Results:	<p>Saison 2003</p> <p>1st place Austria Summer Giant 1st place Austria Winter Giant 5th place Power and Rose 8th place Team WM Hungary 15th place World Strongest Man carrying a car: 480kg, 33m World record Truck pulling - 90 tons World record tyre flip - 17x in 3 min.</p> <p>Saison 2004</p> <p>1st place Extreme Powerman 1st place Austria Sommer Giant 1st place Austria Winter Giant 1st place Power and Rose 1st place Austria Gladiatoren 3rd place Amstettner Powernacht</p> <p>airplane-pull in Zürich - 55 Tonnen World record car flip - 700 kg, 15x</p>

Name:	Sergei Flerko
Nation:	Russia
Age:	32
Weight:	120kg
Height:	184cm
Profession:	
Hobbies:	Fisherman
City of Residence :	Tula
Children:	He has a 7 years old son.
Results	The repeat Champion of Russia and the owner of the Cup of Russia in Weightlifting. In 2004 he took 5th place at the World Strongman Cup – 2004 (Moscow, 2004).

Name:	Lubomir Libacki
Nation:	Poland
Age:	32
Weight:	135kg
Height:	185cm
Profession:	Bodyguard
Hobbies:	sport, movies, human s mind
City of Residence :	Gdansk
Children:	1 girl 11 years
Results	first champion of Poland

The next United Strongman Series competition will be held on 28th August 2005 in Spielberg, Austria.

